

Abbotsford Mental Health Forum

Community Supports and Connections

AGENDA

9:00 - 9:30am

Registration

9:45 - 10:15am

Welcome and Overview of Day

10:15 - 10:45am

Keynote Address: Stephen Lytton

10:45 - 11:45am

Panel Presentation: Defining Resiliency

Panelists: Karen Copeland, Suzanne Baker, Tasha Baker, Marcie Pruden, Lindsey Byrnes, Kimberley Laing, PJ Lewis

11:45 - 12:00pm

Morning Wrap Up

12:00 - 1:00pm

Lunch Buffet

Music by Youth

12:30 - 1pm in the Multi-purpose room

1:00 - 2:10pm

Presentations from Local Service Providers and Networking

START (Short Term Assessment, Response, Treatment); EPI (Early Psychosis Intervention); ADTP (Adolescent Day Treatment Program); CYMH (Child and Youth Mental Health); ACS (Abbotsford Community Services); FVYS (Fraser Valley Youth Society; Youth Integrated Hub

2:10 - 2:30pm

Coffee Break

2:30 - 3:30pm

Break Out Sessions

please see reverse for session choices

3:30 - 4:15pm

Closing Session and Wrap Up

Resource Table Open

Find information about the services and supports available in our community!

9:15 - 9:45 am

12:30 - 1 pm

4:15 - 5:00pm

Coffee and Lunch provided by:



mamamichelles.ca

Don't forget to complete and hand in your evaluation form for a chance to win a \$50 Gift Card!

Presented by: The Abbotsford Local Action Team of the Child and Youth Mental Health and Substance Use Collaborative

The Child and Youth Mental Health and Substance Use (CYMHSU) Collaborative is funded in partnership by Doctors of BC and the BC government.